

YOU BELONG!

Join FHS Cross Country



Summer Practice Info:

Tuesdays-Wednesdays-Thursdays

Where: Milavec Lake Parking Area

When: 7:30 - 8:30 am

Start Date: June 14th

Summer Camp Info:

When: Monday, July 25th - Thursday, July 28th

Where: Estes Park, Colorado @ Old Man Mountain Retreat

Come join us for a week of high-altitude long-distance training and fun team bonding activities to start the season off on the right foot!

*more information and details to follow

Official Season Start Date: Aug. 8th

Practice Time: Monday - Friday @ 3:15 - 5:15 pm

You must have an updated physical and be registered before the official first day of practice.

Questions?

Contact Coach Ptaschek

ptaschek_jenna@svvsd.org

970-590-2039